



Stellenbosch

UNIVERSITY
IYUNIVESITHI
UNIVERSITEIT

MEDICINE AND HEALTH SCIENCES
EYENZULULWAZI NGEZONYANGO NEMPILO
GENEESKUNDE EN GESONDHEIDSWETENSKAPPE

Department of Otorhinolaryngology
Departement Oor-, Neus- en Keelheekunde

Cape Basic FESS Course

Local Faculty: Marc Merven, Shaun Adam, Johan Grobbelaar, Joshua West, Ann Thomas

08:00 – 08:30 – Registration, Coffee, and Introduction to the Course

08:30 – 09:00 – Lecture 1: Basic FESS techniques - Shaun

09:00 – 09:30 – Lecture 2: Airway Surgery – Septoplasty and Turbinate Reduction - Shaun

09:30 – 10:15 – Dissection demonstration Part 1: Basic FESS - Gary

10:15 – 12:45 – Hands-on dissection Part 1: Wrap Gary

- Uncinectomy and Middle Meatal Antrostomy
- Anterior and Posterior Ethmoidectomy
- Sphenoidotomy
- Draf 1

12:45 – 13:15 – Lecture 5 and Dissection demonstration Part 5:

13:15 – 14:00 – Lunch

14:00 – 14:30 – Dissection demonstration Part 2: Septoplasty and Turbinate Reduction - Gary

14:30 – 16:30 – Hands-on dissection Part 2: Septoplasty and Turbinate Reduction

16:30 – 16:45 – Feedback and closure

forward together
sonke siya phambili
saam vorentoe

Verbind tot Optimale Gesondheid • Committed to Optimal Health

Dr Marc Merven

Departement Oor-, Neus- en Keelheekunde • Department of Otorhinolaryngology

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Cape Basic FESS Course June 6, 2024

08:00 – 08:30 – Registration, Coffee, and Introduction to the Course

08:30 – 09:00 – Lecture 3: Basic Orbital Surgery – DCR and Orbital Decompression - Shaun

09:00 – 09:30 – Lecture 4: Management and Avoidance of Complications in FESS - Shaun

09:30 – 10:00 – Dissection demonstration Part 3: Basic Orbital Surgery –

DCR and Orbital Decompression

- Gary

10:00 – 12:30 – Hands-on dissection Part 3: Wrap – Gary

- DCR
- Orbital Decompression
- Sphenoidectomy
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12:30 – 12:45 – Dissection demonstration Part 4: Endoscopic SPA Cautery

- Gary

13:45 – 13:45 – LUNCH

13:45 – 16:45 - Hands-on dissection Part 2: Wrap – Gary

- Endoscopic SPA Cautery
- Completion of other dissections
- ET Balloon Dilatation

16:45 – 17:00 – Feedback and closure